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STANDARDIZATION ELEMENTS IN MOTION BASIC MARTIAL LANGGA GORONTALO
Hartono Hadjarati State University of Gorontalo hartonohadjarati@ung.ac.id Abstract
Langga martial arts is a martial art method which was created in order to defend themselves from dangers that would threaten the safety and survival of the community. Besides martial arts is one of the community's identity and develop in accordance with the customs environment and character of local communities.

Martial langga there should be a positive support from the community Gorontalo to the preservation, promotion and development. Because according to preliminary observations made at this time martial langga already very concern because it was on the verge of extinction. The existence of martial langga difficult identified in terms of shape, viewed from the component implementation, martial langga have effective movement, heroic, and while there is some sort of ritual implementation is done. It is difficult where martial langga could stand as a form intact and clear.

This study aims to standardize the elements of martial langga basic motion, in order to know more about how to form the basis of martial langga motion. The process of standardizing basic elements of martial arts motion langga actually to facilitate the development of martial langga, it is done so that the traditional martial langga are still evolving and no longer only known in Gorontalo, will also be very helpful in disseminating martial langga civic as well as in publications to the national level, so it may be Just a moment because obviously form the basis of martial langga motion will be a lot of interest and easily learned by society.

Keywords: Standardization, Martial, Langga Gorontalo

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INTRODUCTION Sustain human life always defend themselves from the threat of nature, animals and neighbors who are considered threatening its integrity. How to defend yourself from an area, in contrast to other areas.

Mountain area in general is marked by sturdy horses and a lively arm movements, while the flat areas are characterized by an attitude horses light and nimble footwork though,(Sucipto, 2008: 2) states the difference was due to regional conditions and forms of threats, including the type of weapon being used. Moves that used to defend themselves inspired many of the different movements of animals, such as chickens, tigers, monkeys, snakes and others.

Langga martial arts is a martial art method which was created in order to defend themselves from dangers that would threaten the safety and survival of the community. In addition Martial Sports is one of the community's identity and develop in accordance with the customs environment and character of local communities. as seen in the martial character typical of the region in Indonesia which reflect **the nature and character of the** tribes in the area. Ju Panggola is a title or nickname.

Ju Gorontalo language which **means yes, and Panggola means old. So,** yes Ju Panggola mean old man. Historically, people who nicknamed Ju Panggola it is Ilato which means lightning. He was a Aulia or mayor who spread Islam in Gorontalo and has a high magic power, which is able to disappear from human view and may appear immediately if the State Gorontalo in distress. He was nicknamed Ju Ponggala, because he always appeared or emerged with an old man's profile and wearing a long beard and white robe.

Ju Panggola left a stream of white magic which is applied through the martial arts community called the langga Gorontalo. While still alive, Ju Panggola pass on his knowledge to his students by way of tears in their eyes. After that, the student will master the martial arts through dreams or reflex movements. Martial langga not a static science. Science is evolving from time to time.

The process of acculturation is one of the causes of the emergence of a wide range of

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flow and an increase in self-defense capability langga. Population movements, the expansion of the kingdom and the nature of love wander caused the meetings and a cross between the various science kanuragan (martial) is giving and receiving.

Therefore, with the advent of various tribes and nations to Gorontalo, not closed the possibility of enriching cross langga Gorontalo martial abilities such as martial arts were heavily influenced Kuntao China in various places in the Gorontalo area has been regarded as indigenous knowledge. Langga martial culture needs to be developed for endurance Gorontalo area, recognizing that culture is the great value to society Gorontalo.

In addition langga martial sport is one aspect that needs to be given priority to be protected, nurtured, developed, which further empowered inherited. Martial langga there should be a positive support from the community Gorontalo to the preservation, promotion and development. Because this time is very memperhatikan martial langga because it was on the verge of extinction.

For the current show langga martial conducted during Eid is usually done after Eid prayers alone. (Kemenpora, 2014) states that traditional martial endangered should be developed and passed on to the young generation therefore the central and local governments and communities have an obligation to lift up and redevelop the traditional martial sport.

Based on the description that has been described, the views of existence as a self-defense martial langga not been clearly identified as part of the stream of martial arts that have joined the martial arts today. Therefore, it takes a scientific study through research to identify the basic elements of martial langga motion, in order to know more about how to form the basis of martial langga motion.

The process of identification of the basic elements of martial arts motion langga actually to facilitate the development of martial langga, it is done so that the traditional martial langga are still evolving and no longer only known in Gorontalo, will also be very helpful in martial mensesosialisasikan langga to the community as well as in publications to the national level, so it may could be a while because it was clear form the basis of martial

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langka martial arts will be a lot of interest and easily learned by society.

The process of identification of the basic elements of martial arts motion langka done by video recording of the elders-old martial langka in Gorontalo, subsequently collected in order to facilitate the identification of the motion element essentially. This process is the most important thing that the martial langka can be received by the public and not only accepted, but internalized in people's lives. Because in the era of globalization, langka martial arts should be able to compete with the modern martial sport or game that is loaded with interesting art movement.

In addition the process of socialization and organizational structures that are less optimal the cause of the failure of martial arts langka to exist in the era of globalization. Based on the background described above, the formulation of the problem in this study as follows: 1) What is the basic elements of martial arts motion langka?.

2) Is the basic elements of martial langka motion together with other martial arts?. This study aimed to obtain a comprehensive picture of the process of implementation of martial langka coaching in Gorontalo in order to preserve the martial langka Gorontalo, which is implemented by teachers langka, governments and society. Identify elements for the implementation of the basic motion martial langka in Gorontalo.

To standardize the basic elements of martial arts motion langka in Gorontalo. This research is useful theoretically and practically to support the development of martial langka in Gorontalo : 1) Theoretical Benefits, results of this study are expected to help teachers in order to teach martial langka this effectively, efficient and attractive as well as being the pride of the people of Gorontalo. Results of this study are expected to help, facilitate the students martial langka achievement, increase motivation and an alternative choice to learn martial arts.

Results of this study are expected to keep the local identity, the collective pride of becoming a martial langka area as well as the attractiveness of tourism and support the creation of a prosperous society, so that people are more interested in studying martial langka its own country, 2) Benefits in practice, results of this study are expected to help the organization establish martial Gorontalo langka as a container of coaching and

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training.

METHOD This research is the development and document (video image) as its object, using analytical techniques. The method chosen because the author will do the analysis form the basic elements of movement in martial langga in Gorontalo. This analysis to analyze, understand, and interpret basic elements of movement with the help of a category system, the analysis can also be applied to objects (images, equipment, video) and action. Data obtained from this analysis using a large part of the science of sports science sports biomechanics, exercise physiology. The procedure of analysis to be performed in this study are as follows: The analysis begins with the identification of specific research problems, namely how the basic elements of martial arts motion langga in Gorontalo. Selection of data sources: researchers determine the source of the data relevant to the research problem, through in-depth observation of the perpetrators of martial langga surviving by age 60 years and older. The timing and amount of elders langga to be studied (sample).

RESULT AND DISCUSSION Analysis begins with the identification of specific research problems, namely how the basic elements of martial arts motion langga in Gorontalo, from the identification of the basic elements of martial langga motion which consists of elements of attitude, Basic Motion horses, Basic Motion Attitude tides, Basic Motion: Step Pattern , As follows **CONCLUSION AND SUGGESTION** Based on the issues and research purposes as well as the results of the identification of the basic elements of martial arts motion langga Gorontalo, it can be drawn the conclusion and suggestions: 1. The basic elements of martial langga basically the same with the martial-traditional and modern martial others which start from a basic stance to attack, but with different means and methods. It can be seen from the basic stance, stance, pairs and attacking attitude, 2. The movement of the basic elements of martial arts motion langga, very simple in practice by relying on the reaction speed and endurance as well as strength, because in martial langga where all replies parry blows with local language "Uito totame mauito Popai olo", 3. The basic elements of martial langga still close relationship with the mystical tradition Pitodu carried through to the new langga athletes want and after learning langga.

Tradition pitodu done seven (7) times, 4. To be able to program the government for

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another tradition of martial langga every day Eid every subdistrict in Gorontalo province,
5. For the experts martial langga to be able to open up to who wants to learn langga.

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